

Which division is right for you?

In Little League, we use “Little League Age” to determine your division of play. What is it?

Little League age is the age Little Leagues across the country use to determine at which level kids should play the spring season.

For baseball, Little League age is how old your child will be on August 31st, 2025. For example, if your child turns 9 years-old on August 15th, they will be considered Little League age 9 years-old for this spring season, even though their birthday isn't until later this summer.

For softball, Little League age is the age your daughter was on the last December 31st, 2024. For example, if your daughter's birthday last year was on June 1st and she turned 9 years-old on that birthday, she will be considered Little League age 9 years-old, even though she turns 10 years-old during the season.

Little League age matters most for spring season. In the fall, we encourage kids to "play up" and play in the division for which they qualify in for the following spring.

How are birthdays used?

For spring ball, the following date ranges correspond to divisions of play:

Baseball

T-ball – LL ages 4-5

- Birthdays: 9/1/2019 – 8/31/2021

Instructional (AL) – LL ages 6-7

- Birthdays: 9/1/2017 – 8/31/2019

Instructional (NL) – LL ages 7-8

- Birthdays: 9/1/2016 – 8/31/2018

Rookie – LL ages 8-9

- Birthdays: 9/1/2015 – 8/31/2017

Minors – LL ages 9-11

- Birthdays: 9/1/2013 – 8/31/2016

Majors – LL ages 10-12

- Birthdays: 9/1/2012 – 8/31/2015

Juniors/Seniors – LL ages 13-16

- Birthdays: 9/1/2008 – 8/31/2012

Softball

Instructional – LL ages 5-6

- Birthdays: 1/1/2018 – 12/31/2019

Rookie – LL ages 7-8

- Birthdays: 1/1/2016 – 12/31/2017

Minors – LL ages 8-11

- Birthdays: 1/1/2013 – 12/31/2016

Majors – LL ages 10-12

- Birthdays: 1/1/2012 – 12/31/2014

Seniors – LL ages 13-16

- Birthdays: 1/1/2008 – 12/31/2011